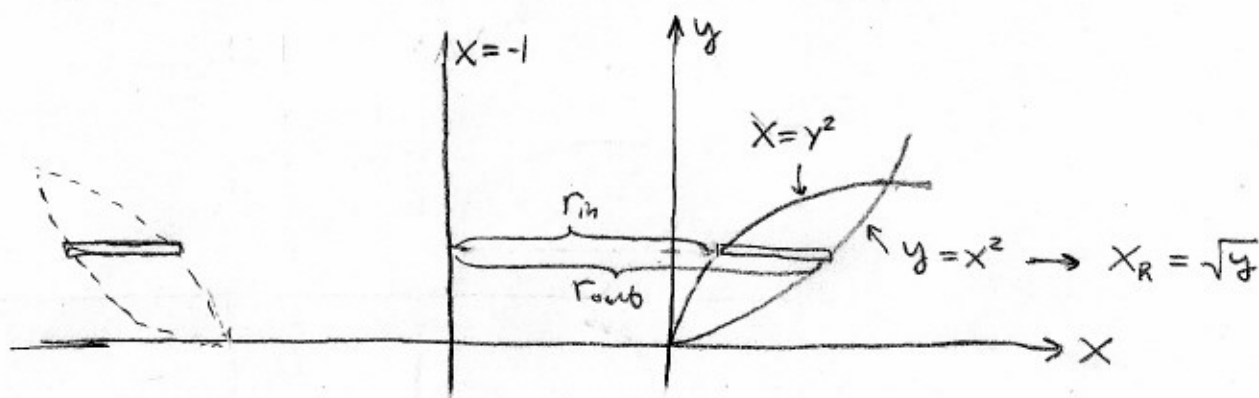
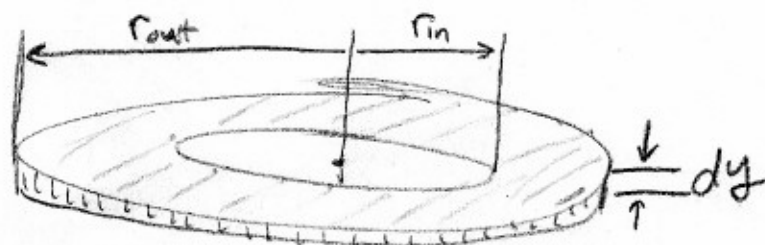


Find volume of solid obtained from rotating the region bounded by $y = x^2$ and $x = y^2$ about $x = -1$.



$$r_{in} = x_L + 1 = y^2 + 1$$

$$r_{out} = x_R + 1 = \sqrt{y} + 1$$



$$\begin{aligned} A &= \pi(r_{out}^2 - r_{in}^2) = \pi((\sqrt{y} + 1)^2 - (y^2 + 1)^2) \\ &= \pi(y + 2\sqrt{y} + 1 - y^4 - 2y^2 - 1) \\ &= \pi(y + 2\sqrt{y} - y^4 - 2y^2) \end{aligned}$$

Now the volume of a typical washer is $dV = A dy$ thus,

$$\begin{aligned} V &= \int_0^1 \pi(y + 2\sqrt{y} - y^4 - 2y^2) dy \\ &= \pi \left(\frac{1}{2}y^2 + \frac{4}{3}y^{3/2} - \frac{1}{5}y^5 - \frac{2}{3}y^3 \right) \Big|_0^1 \\ &= \pi \left(\frac{1}{2} + \frac{4}{3} - \frac{1}{5} - \frac{2}{3} \right) \\ &= \pi \left(\frac{15 + 40 - 6 - 20}{30} \right) \\ &= \pi \left(\frac{29}{30} \right) = \boxed{\frac{29\pi}{30}} \end{aligned}$$