

LECTURE 36:

- Simple Harmonic Motion (SHM) and energy associated with SHM. To begin we discuss a bit of mathematics that frames this lecture and the next.

Problem: Solve $Ay'' + By' + Cy = 0$
where A, B, C are real constants and $A \neq 0$

Solⁿ: we can show there are 3 types of solⁿ,

I.) If $B^2 - 4AC > 0$ then let λ_1, λ_2 be solⁿ's to $A\lambda^2 + B\lambda + C = 0$ then

$$y = c_1 e^{-\lambda_1 t} + c_2 e^{-\lambda_2 t}$$

Where c_1, c_2 are arbitrary constants which allow us to fit given initial conditions.

II.) If $B^2 - 4AC = 0$ then let $\lambda = -B/2A$ and

$$y = c_1 e^{-\lambda t} + c_2 t e^{-\lambda t}$$

where again c_1, c_2 are arbitrary constants to fit initial conditions

III.) If $B^2 - 4AC < 0$ then let $\alpha = \frac{-B}{2A}$

and let $\beta = \sqrt{\frac{4AC - B^2}{4A}}$ to write solⁿ

$$y = c_1 e^{-\alpha t} \cos \beta t + c_2 e^{-\alpha t} \sin \beta t$$

Cases II and III of most importance and in

case III we often have $\alpha = 0$ so $y = c_1 \cos \beta t + c_2 \sin \beta t$
(SHM)

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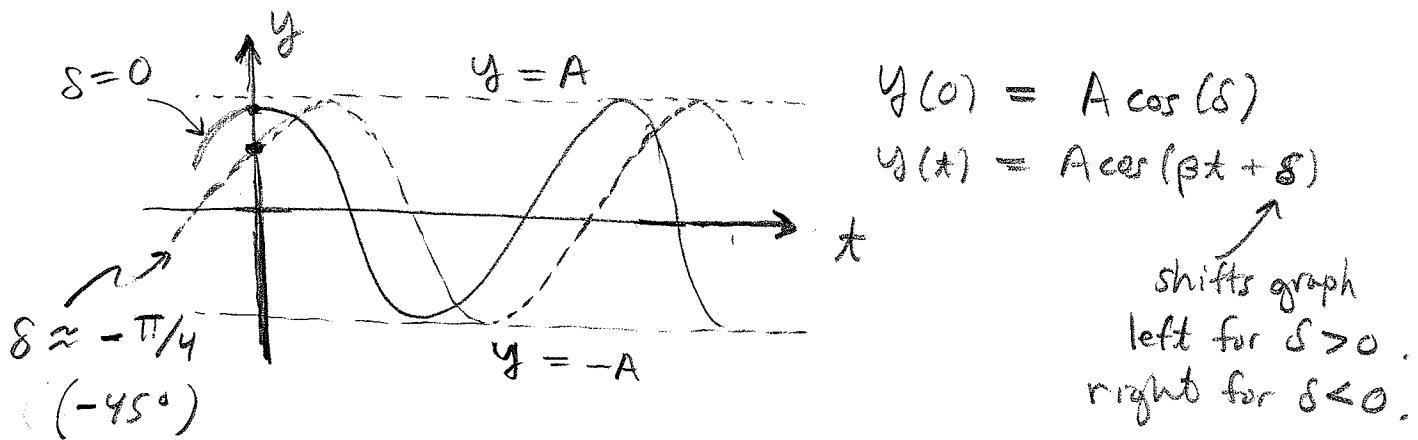
Further Mathematics on Case III

The case $\lambda = \alpha \pm i\beta$ generally yields sol² $y = c_1 e^{\alpha t} \cos \beta t + c_2 e^{\alpha t} \sin \beta t$. However when $\alpha = 0$ this simplifies to a pure oscillatory sol² of the form $y = c_1 \cos \beta t + c_2 \sin \beta t$.

We can just as well express this by a general formula using the amplitude (A) and the phase (δ)

$$y = A \cos(\beta t + \delta)$$

Usually we let $\beta = \omega$ in these sort of formulas but I wanted to connect to the I, II, III formulas.



E1 Suppose $y'' + w^2 y = 0$ for some real constant w ,
 $\lambda^2 + w^2 = 0 \Rightarrow \lambda = \pm \sqrt{w^2} = \pm iw$

Thus $y(t) = A \cos(wt + \delta)$

E2 $y'' + 9y = 0$

$$\hookrightarrow y(t) = A \cos(3t + \delta)$$

Remark: the DE $y'' + 9y = 0$ tells us the angular freq. of the sol².

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Continuing with general mathematical analysis of $y'' + \omega^2 y = 0$,

$$y = A \cos(\omega t + \delta)$$

is bounded between $y = -A$ and $y = A$.

The period T is the smallest value T such that $y(t+T) = y(t) \forall t$. (this defines periodic motion of which $y = A \cos(\omega t + \delta)$ is a rather famous case). Cosine cycles as its arguments go from 0 to 2π thus

$$(\omega T + \delta) - \delta = 2\pi$$

$$\Rightarrow \omega T = 2\pi \quad \therefore \omega = \frac{2\pi}{T}$$

$$\text{or } T = \frac{2\pi}{\omega}$$

The frequency $f = \frac{1}{T}$ has $\omega = 2\pi f$.

E3 Consider $y'' + 7y = 0$ (in meters & seconds)

$$\omega^2 = 7 \Rightarrow \omega = \sqrt{7} \frac{\text{rad}}{\text{s}} = 2.646 \frac{\text{rad}}{\text{s}}$$

$$\Rightarrow T = \frac{2\pi}{\sqrt{7}} \text{ s} = \underline{2.375 \text{ s}}.$$

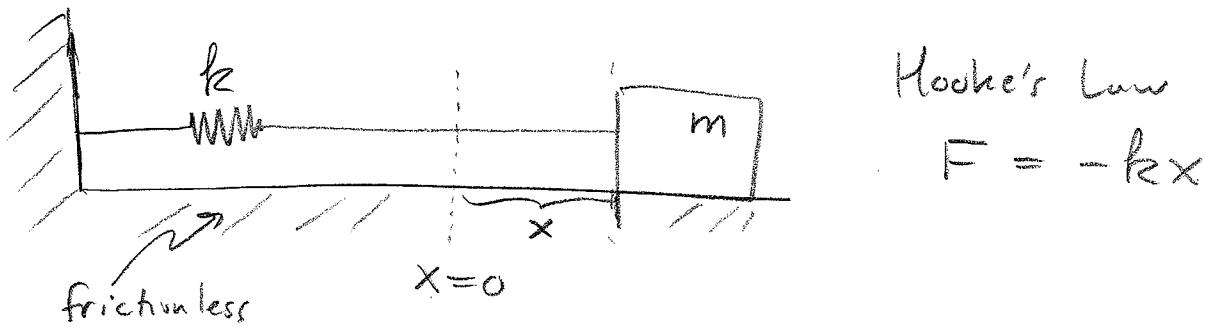
$$\Rightarrow f = \frac{\sqrt{7}}{2\pi} \text{ Hz} = \underline{0.421 \text{ Hz}}.$$

"Hertz" is $\frac{1}{\text{s}}$
and is the natural unit for frequency.

④

Spring Mass System and SHM

- we now apply the math to a common physical situation (even though this is not directly seen, many systems are essentially the same as a spring/mass system w/o friction, generically we call this Simple Harmonic Motion)



$$\text{Newton's 2nd Law} \quad m \frac{d^2x}{dt^2} = -kx$$

$$x'' + \frac{k}{m}x = 0$$

$$\Rightarrow \lambda^2 + \frac{k}{m} = 0 \Rightarrow \lambda = \pm \sqrt{\frac{-k}{m}} = \pm iw$$

where we define $w = \sqrt{\frac{k}{m}}$

Therefore,

$$x(t) = A \cos(\omega t + \delta)$$

$$\omega = \sqrt{\frac{k}{m}}$$

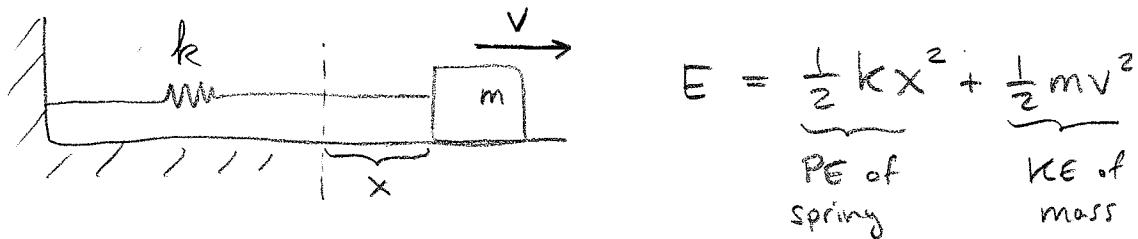
$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{m}{k}}$$

$$f = \frac{1}{2\pi} \sqrt{\frac{k}{m}}$$

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Analyzing SHM for k, m system (from ④)

What is the energy of the spring/mass system as function of time.



Recall once more for $\omega = \sqrt{k/m}$

$$x = A \cos(\omega t + \delta)$$

$$\Rightarrow \frac{dx}{dt} = v = -Aw \sin(\omega t + \delta)$$

Let $\Theta = \omega t + \delta$ for convenience, calculate,

$$E = \frac{1}{2}kx^2 + \frac{1}{2}mv^2$$

$$= \frac{1}{2}kA^2 \cos^2 \Theta + \frac{1}{2}m(-Aw \sin \Theta)^2$$

$$= \frac{1}{2}kA^2 \cos^2 \Theta + \frac{1}{2}mw^2 A^2 \sin^2 \Theta \quad \text{but } w^2 = \frac{k}{m} \text{ thus}$$

$$= \frac{1}{2}kA^2 \cos^2 \Theta + \frac{1}{2}kA^2 \sin^2 \Theta$$

$$= \frac{1}{2}kA^2 (\cos^2 \Theta + \sin^2 \Theta)$$

$$= \frac{1}{2}kA^2 \quad (\text{independent of time!})$$

$$\boxed{E = \frac{1}{2}kA^2}$$

Of course, as $k = mw^2$ we can also derive

$$\boxed{E = \frac{1}{2}mA^2w^2 = \frac{1}{2}mV_{\max}^2} \quad (V_{\max} = Aw)$$

Continuing, why $V_{\max} = Aw$,

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$$V(t) = -Aw \sin(\omega t + \phi) \quad (\text{from } 5)$$

It follows $\underline{V_{\max} = Aw}$ since $|\sin(\omega t + \phi)|$ is at most 1.

Phase Plane Analysis (Poincaré Plane : position vs. velocity)

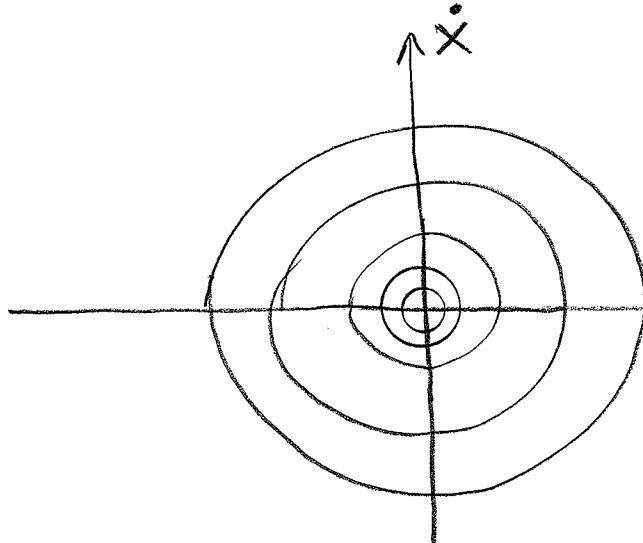
We begin with $m\ddot{x} + kx = 0$ for spring mass system. Multiply by \dot{x} to obtain

$$\underline{m\dot{x}\ddot{x} + kx\dot{x}^2 = 0} *$$

Notice $\frac{d}{dt}(\dot{x}^2) = 2\dot{x}\ddot{x}$ and $\dot{x}\ddot{x} = \dot{x} \frac{dx}{dt} = \frac{1}{2} \frac{d}{dt}(x^2)$. Hence, * is actually the mathematical statement of energy conservation!

$$\frac{d}{dt} \left[\frac{1}{2} m\dot{x}^2 + \frac{1}{2} kx^2 \right] = 0$$

Thus $E(x, \dot{x}) = \frac{1}{2} m\dot{x}^2 + \frac{1}{2} kx^2$ is constant along the sol's to Newton's Eqⁿ $m\ddot{x} + kx = 0$.



$$\underbrace{\frac{1}{2} m\dot{x}^2 + \frac{1}{2} kx^2 = 0}_{\text{ellipse in } x\dot{x}\text{-plane.}}$$

(circle too big
will break spring
but math does
not show this here)